



We are Alex and Letitia and we feel blest to be the Ministry Coordinators. We were married in 1984. In our marriage journey, we have experienced the good, the bad, and the ugly. We share these experiences in this ministry. We are involved with Retrouvaille in Texas and North Carolina, the Catholic Program for struggling marriages and have been providing peer support to couples since 2000. The mercy of God is greater than our sins!



**Marriage Recovery
Support Ministry**

Marriage Recovery Support Ministry

Please Contact us at the following numbers for additional information:

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“Strong Marriages, Strong Families”

“As goes the family, so goes the Church”
St. Pope John Paul II



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A ministry with a focus on struggling marriages sponsored by the El Paso Catholic Diocese Marriage and Family Life Office.

The group meets every Wednesday from 7pm to 8:30pm. Please call for information on the meeting and the location.

You can participate in the support group even if your spouse is not willing to attend. It only takes one person in the marriage to start working on themselves to effect a positive change in the marriage!

Love is a decision, an act of the will, not an emotion. You can make the decision to love even when you are feeling unpleasant emotions.

TWELVE STEPS OF MARRIAGE RECOVERY SUPPORT MINISTRY

- 1.** We admitted we were powerless over our relationship that our lives together had become unmanageable.
- 2.** We came to believe that a power greater than ourselves could restore us to commitment and intimacy.
- 3.** We made a decision to turn our wills and our life together over to the care of God as we understood God.
- 4.** We made a searching and fearless moral inventory of ourselves and our relationship together as a couple.
- 5.** We admitted to God, to each other, and to another couple the exact nature of our wrongs.
- 6.** We were entirely ready to have God remove all these defects of character, communication, and caring.
- 7.** We humbly asked God to remove our shortcomings.

TWELVE STEPS OF MARRIAGE RECOVERY SUPPORT MINISTRY

- 8.** We made a list of all persons we had harmed and became willing to make amends to them all.
- 9.** We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10.** We continued to take personal inventory and when we were wrong promptly admitted it to our partner and to others we had harmed.
- 11.** We sought through our common prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
- 12.** Having had a spiritual awakening as the result of these Steps, we tried to carry this message to other couples, and to practice these principles in all aspects of our lives, our relationship, and our families.

Topics discussed:

- Marriage as a Sacrament
- The Stages of Marriage
- Communication
- Family of Origin Issues
- Values versus Ideals
- Conflict Management
- Love Languages
- Trust and Forgiveness
- Intimacy



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